



Information for You and Your Family



Langlade Hospital Health & Wellness

Spring Expo

Friday, May 7th • 10:00 am - 2:00 pm
Antigo High School Commons Area

- Free cholesterol testing, blood pressure checks, stroke screening, and osteoporosis screening.
- Information about nutrition, exercise, heart health and so much more

**Gain important insight
into improving your health.**

**Join us for lunch at a reasonable
cost, provided by AVAIL.**



**LANGLADE
HOSPITAL**

An Aspirus Partner

*If you are interested in participating,
please contact Sarah Olafson at solafson@langhosp.org*